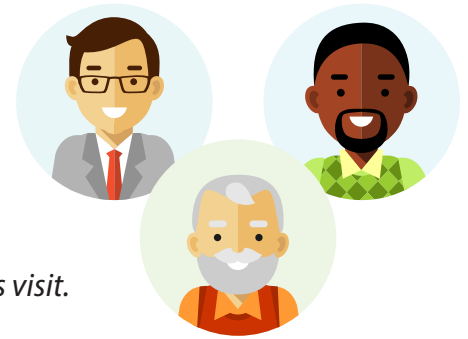


# Preventative Care Checklist

## Men (18 years and older)



Discuss your checklist with your primary care provider at your annual wellness visit.  
**CHI Saint Joseph Medical Group — Primary Care | 859.313.2255**

Exams		
Annual Wellness Exam	Annually	
Vaccines		
COVID-19	18 years and older	
Flu Shot	Annually October - May	
Human Papillomavirus (HPV)	26 years and younger	
Pneumonia (Pevnar 15 followed by Pneumovax or Pevnar 12)	19 years and older	
Tetanus, Diphtheria, Pertussis (Td/Tdap)	Every 10 years	
Hepatitis B	19 - 59 years old	
Shingles (Shingrix)	50 years and older	
Screenings		
Blood Pressure (Hypertension)	Annually	
Blood Sugar (Diabetes)	Annually	
Body Mass Index (BMI)	Annually	
Abdominal Aortic Aneurysm Ultrasound	Smokers 65 - 75 years old	
Prostate Cancer Screening	Age 50 and older	
Sexually Transmitted Disease (Chlamydia, Gonorrhea, Syphilis)	18 years and older	
Cholesterol	20 years and older	
Colonoscopy, Sigmoidoscopy, Stool Test (Colon Cancer)	45 - 75 years old	
Depression Screening	18 years and older Postpartum	
Lung Cancer	50 - 80 years old with smoking history	
Tobacco Drug and Alcohol Use Screening	18 years and older	
Tuberculosis	18 years and older	
Hepatitis B and Hepatitis C	18 years and older	

\*The information in these checklists include recommendations adapted from the following sources as of January 2023 and is subject to change. Preventative services with a rating of A or B from the U.S. Preventive Services Task Force. Immunizations for children, adolescents and adults recommended by the Centers for Disease Control; and preventive care screenings for infants, children, adolescents and women supported by the Health Resources and Services Administration. Based on risk factors and as advised by your health care provider.